



Meal Pattern for Vegetarian Lunch, 2016-2017

Cheese tortellini salad Grated cheese Spinach salad Fresh fruit	*Pizza Garden salad Fresh fruit	Veggie nuggets Tuscan bean and garlic soup ----- Veggie nuggets Potato soup Wheat bread/butter Fresh fruit	*Beans & Rice Tossed salad Tortilla Fresh fruit	*Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	Quiche Peas Whole wheat bread/butter Fresh fruit	Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit	Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit
Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit	Falafal balls Mashed sweet potatoes Wheat bread/butter Fresh fruit	Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	*Lasagna Tossed salad Fresh fruit
Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit	Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit	*Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	Gardenburger Bean medley Roll Fresh fruit	Kidney beans, quinoa, couscous, & parmesan California blend vegetables Whole wheat bread/butter Fresh fruit
*Cheese melt Tomato alphabet soup Fresh fruit	Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	Lo Mein w/scrambled egg & Oriental vegetables Wheat bread/butter Fresh fruit	*Whole wheat macaroni & cheese Mixed vegetables Fresh fruit

*Vegetarian meal



Vegetarian Lunch - October, 2016

10/3 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit	10/4 *Pizza Garden salad Fresh fruit	10/5 Veggie nuggets Tuscan bean and garlic soup Wheat bread/butter Fresh fruit	10/6 *Beans & Rice Tossed salad Tortilla Fresh fruit	10/7 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
10/10 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	10/11 Quiche Peas Whole wheat bread/butter Fresh fruit	10/12 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	10/13 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit	10/14 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit
10/17 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit	10/18 Falafal balls Mashed sweet potatoes Wheat bread/butter Fresh fruit	10/19 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	10/20 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	10/21 *Lasagna Tossed salad Fresh fruit
10/24 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit	10/25 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit	10/26 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	10/27 Gardenburger Bean medley Roll Fresh fruit	10/28 Kidney beans, quinoa, couscous, & parmesan California blend vegetables Whole wheat bread/butter Fresh fruit
10/31 *Cheese melt Tomato alphabet soup Fresh fruit				

*Vegetarian meal



Vegetarian Lunch – November, 2016

	11/1 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	11/2 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	11/3 Lo Mein w/scrambled egg & Oriental vegetables Wheat bread/butter Fresh fruit	11/4 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
11/7 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit	11/8 *Pizza Garden salad Fresh fruit	11/9 Veggie nuggets Potato soup Wheat bread/butter Fresh fruit	11/10 *Beans & Rice Tossed salad Tortilla Fresh fruit	11/11 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
11/14 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	11/15 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit	11/16 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	11/17 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit	11/18 ~~~~~ THANKSGIVING DINNER Ranch style egg salad Sweet potatoes Cranberry relish Whole wheat bread/butter Fresh fruit ~~~~~
11/21 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit	11/22 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	11/23 *Lasagna Tossed salad Fresh fruit	11/24 ***** CLOSED FOR THANKSGIVING HOLIDAY *****	11/25 ***** CLOSED FOR THANKSGIVING HOLIDAY *****
11/28 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit	11/29 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit	11/30 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit		

*Vegetarian meal



Vegetarian Lunch – December, 2016

			12/1 Gardenburger Bean medley Roll Fresh fruit	12/2 Kidney beans, quinoa, couscous, & parmesan California blend vegetables Whole wheat bread/butter Fresh fruit
12/5 *Cheese melt Tomato alphabet soup Fresh fruit	12/6 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	12/7 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	12/8 Lo Mein w/scrambled egg & Oriental vegetables Wheat bread/butter Fresh fruit	12/9 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
12/12 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit	12/13 *Pizza Garden salad Fresh fruit	12/14 Veggie nuggets Tuscan bean and garlic soup Wheat bread/butter Fresh fruit	12/15 *Beans & Rice Tossed salad Tortilla Fresh fruit	12/16 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
12/19 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	12/20 Quiche Peas Whole wheat bread/butter Fresh fruit	12/21 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	12/22 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit	12/23 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit
12/26 ***** CLOSED FOR CHRISTMAS DAY HOLIDAY *****	12/27 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit	12/28 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	12/29 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	12/30 *Lasagna Tossed salad Fresh fruit

*Vegetarian meal



Vegetarian Lunch – January, 2017

<p>1/2 ***** CLOSED FOR NEW YEAR'S DAY HOLIDAY *****</p>	<p>1/3 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit</p>	<p>1/4 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>1/5 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>1/6 Gardenburger Bean medley Roll Fresh fruit</p>
<p>1/9 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>1/10 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit</p>	<p>1/11 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>1/12 Lo Mein w/scrambled egg & Oriental vegetables Wheat bread/butter Fresh fruit</p>	<p>1/13 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>1/16 ***** CLOSED FOR MLK JR'S BIRTHDAY *****</p>	<p>1/17 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit</p>	<p>1/18 *Pizza Garden salad Fresh fruit</p>	<p>1/19 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>1/20 ***** CLOSED FOR INNAUGURATION DAY *****</p>
<p>1/23 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit</p>	<p>1/24 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>1/25 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit</p>	<p>1/26 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>1/27 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>1/30 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit</p>	<p>1/31 Falafal balls Mashed sweet potatoes Wheat bread/butter Fresh fruit</p>			

*Vegetarian meal



Vegetarian Lunch – February, 2017

		2/1 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	2/2 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	2/3 *Lasagna Tossed salad Fresh fruit
2/6 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit	2/7 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit	2/8 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	2/9 Gardenburger Bean medley Roll Fresh fruit	2/10 Kidney beans, quinoa, couscous, & parmesan California blend vegetables Whole wheat bread/butter Fresh fruit
2/13 *Cheese melt Tomato alphabet soup Fresh fruit	2/14 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	2/15 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	2/16 Lo Mein w/scrambled egg & Oriental vegetables Wheat bread/butter Fresh fruit	2/17 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
2/20 ***** CLOSED FOR PRESIDENT'S DAY *****	2/21 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit	2/22 *Pizza Garden salad Fresh fruit	2/23 *Beans & Rice Tossed salad Tortilla Fresh fruit	2/24 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
2/27 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	2/28 Quiche Peas Whole wheat bread/butter Fresh fruit			

*Vegetarian meal



Vegetarian Lunch – March, 2017

		3/1 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	3/2 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit	3/3 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit
3/6 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit	3/7 Falafal balls Mashed sweet potatoes Wheat bread/butter Fresh fruit	3/8 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	3/9 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	3/10 *Lasagna Tossed salad Fresh fruit
3/13 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit	3/14 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit	3/15 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	3/16 Gardenburger Bean medley Roll Fresh fruit	3/17 Kidney beans, quinoa, couscous, & parmesan California blend vegetables Whole wheat bread/butter Fresh fruit
3/20 *Cheese melt Tomato alphabet soup Fresh fruit	3/21 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	3/22 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	3/23 Lo Mein w/scrambled egg & Oriental vegetables Wheat bread/butter Fresh fruit	3/24 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
3/27 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit	3/28 *Pizza Garden salad Fresh fruit	3/29 Veggie nuggets Tuscan bean and garlic soup Wheat bread/butter Fresh fruit	3/30 *Beans & Rice Tossed salad Tortilla Fresh fruit	3/31 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit

*Vegetarian meal



Vegetarian Lunch – April, 2017

4/3 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	4/4 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit	4/5 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	4/6 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit	4/7 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit
4/10 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit	4/11 Falafal balls Mashed sweet potatoes Wheat bread/butter Fresh fruit	4/12 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	4/13 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	4/14 *Lasagna Tossed salad Fresh fruit
4/17 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit	4/18 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit	4/19 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	4/20 Gardenburger Bean medley Roll Fresh fruit	4/21 Kidney beans, quinoa, couscous, & parmesan California blend vegetables Whole wheat bread/butter Fresh fruit
4/24 *Cheese melt Tomato alphabet soup Fresh fruit	4/25 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	4/26 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	4/27 Lo Mein w/scrambled egg & Oriental vegetables Wheat bread/butter Fresh fruit	4/28 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit

*Vegetarian meal



Vegetarian Lunch – May, 2017

<p>5/1 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit</p>	<p>5/2 *Pizza Garden salad Fresh fruit</p>	<p>5/3 Veggie nuggets Tuscan bean and garlic soup Wheat bread/butter Fresh fruit</p>	<p>5/4 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>5/5 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>
<p>5/8 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit</p>	<p>5/9 Quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>5/10 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit</p>	<p>5/11 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>5/12 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>5/15 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit</p>	<p>5/16 Falafal balls Mashed sweet potatoes Wheat bread/butter Fresh fruit</p>	<p>5/17 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit</p>	<p>5/18 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit</p>	<p>5/19 *Lasagna Tossed salad Fresh fruit</p>
<p>5/22 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit</p>	<p>5/23 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>5/24 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>5/25 Gardenburger Bean medley Roll Fresh fruit</p>	<p>5/26 Kidney beans, quinoa, couscous, & parmesan California blend vegetables Whole wheat bread/butter Fresh fruit</p>
<p>5/29 ***** CLOSED FOR MEMORIAL DAY *****</p>	<p>5/30 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>5/31 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit</p>		

*Vegetarian meal



Vegetarian Lunch – June, 2017

			6/1 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	6/2 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
6/5 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit	6/6 *Pizza Garden salad Fresh fruit	6/7 Veggie nuggets Potato soup Wheat bread/butter Fresh fruit	6/8 *Beans & Rice Tossed salad Tortilla Fresh fruit	6/9 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
6/12 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	6/13 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit	6/14 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	6/15 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit	6/16 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit
6/19 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit	6/20 Falafal balls Mashed sweet potatoes Wheat bread/butter Fresh fruit	6/21 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	6/22 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	6/23 *Lasagna Tossed salad Fresh fruit
6/26 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit	6/27 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit	6/28 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	6/29 Gardenburger Bean medley Roll Fresh fruit	6/30 Kidney beans, quinoa, couscous, & parmesan California blend vegetables Whole wheat bread/butter Fresh fruit

*Vegetarian meal



Vegetarian Lunch – July, 2017

7/3 *Cheese melt Tomato alphabet soup Fresh fruit	7/4 ***** CLOSED FOR INDEDPENDENCE DAY *****	7/5 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	7/6 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	7/7 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
7/10 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit	7/11 *Pizza Garden salad Fresh fruit	7/12 Veggie nuggets Tuscan bean and garlic soup Wheat bread/butter Fresh fruit	7/13 *Beans & Rice Tossed salad Tortilla Fresh fruit	7/14 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
7/17 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	7/18 Quiche Peas Whole wheat bread/butter Fresh fruit	7/19 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	7/20 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit	7/21 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit
7/24 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit	7/25 Falafal balls Mashed sweet potatoes Wheat bread/butter Fresh fruit	7/26 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	7/27 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	7/28 *Lasagna Tossed salad Fresh fruit
7/31 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit				

*Vegetarian meal



Vegetarian Lunch – August, 2017

	8/1 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit	8/2 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	8/3 Gardenburger Bean medley Roll Fresh fruit	8/4 Kidney beans, quinoa, couscous, & parmesan California blend vegetables Whole wheat bread/butter Fresh fruit
8/7 *Cheese melt Tomato alphabet soup Fresh fruit	8/8 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	8/9 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	8/10 Lo Mein w/scrambled egg & Oriental vegetables Wheat bread/butter Fresh fruit	8/11 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
8/14 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit	8/15 *Pizza Garden salad Fresh fruit	8/16 Veggie nuggets Potato soup Wheat bread/butter Fresh fruit	8/17 *Beans & Rice Tossed salad Tortilla Fresh fruit	8/18 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
8/21 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	8/22 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit	8/23 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	8/24 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit	8/25 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit
8/28 Pasta salad w/pesto & egg Broccoli & cheese salad Fresh fruit	8/29 Falafal balls Mashed sweet potatoes Wheat bread/butter Fresh fruit	8/30 Vegetarian dirty rice w/cheese, vegetables, quinoa, and farrow Apple cole slaw Fresh fruit	8/31 Black bean, corn, & cheese quesadilla With whole wheat tortilla Green Beans Fresh fruit	

*Vegetarian meal



Vegetarian Lunch – September, 2017

				9/1 *Lasagna Tossed salad Fresh fruit
9/4 ***** CLOSED FOR LABOR DAY *****	9/5 Teriyaki veggie patty Grated cheese Vegetable salad Fresh fruit	9/6 Vegetarian chili Southwest salad Whole wheat bread/butter Fresh fruit	9/7 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	9/8 Gardenburger Bean medley Roll Fresh fruit
9/11 *Cheese melt Tomato alphabet soup Fresh fruit	9/12 Vegetarian sloppy joe Corn & edamame Roll Fresh fruit	9/13 Chix patty Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	9/14 Lo Mein w/scrambled egg & Oriental vegetables Wheat bread/butter Fresh fruit	9/15 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
9/18 Cheese tortellin salad Grated cheese Spinach salad Fresh fruit	9/19 *Pizza Garden salad Fresh fruit	9/20 Veggie nuggets Tuscan bean and garlic soup Wheat bread/butter Fresh fruit	9/21 *Beans & Rice Tossed salad Tortilla Fresh fruit	9/22 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
9/25 Broccoli & cheddar quinoa w/brown rice Salad Fresh fruit	9/26 Quiche Peas Whole wheat bread/butter Fresh fruit	9/27 Spaghetti w/marinara sauce & soy Grated cheese Spinach salad Fresh fruit	9/28 Ranch style egg salad Zucchini & yellow squash Wheat bread/butter Fresh fruit	9/29 Black bean and brown rice burrito w/whole wheat tortilla Corn Grated cheese Fresh fruit

*Vegetarian meal